

# ExpressCare V. Emergency Department

The key to getting the right care in the timeliest manner is determining when to visit ExpressCare or the Kendall Emergency Department.

## ExpressCare

- Rash or skin infection
- Earache or infections
- Cold and flu-like symptoms (e.g. cough, runny nose, sore throat, congestion, sinus pressure)
- Minor injury (broken bones, strains, and sprains)
- Low-grade fever (fever without confusion or seizures)
- Back pain
- UTI (Urinary Tract Infections)
- Insect bites
- Eye irritation
- STDs (Sexually Transmitted Diseases)
- Minor cuts requiring stitches
- Upset stomach (e.g. nausea without severe vomiting, diarrhea)
- Mild asthma attacks

**Hours of operation:** Open daily 8 a.m. to 6 p.m., no appointment needed.

*Closed Thanksgiving and Christmas*

## Emergency Department

- Heart condition or heart attack symptoms (e.g. chest pain or pressure)
- Stroke symptoms (e.g. sudden change in vision, strength, speech, or difficulty walking)
- Serious burns
- Confusion
- Stomach/Abdominal pain, vomiting
- Heavy, uncontrolled bleeding
- Dehydration
- Dizziness/loss of consciousness
- Serious injuries/trauma
- Mental health concerns
- Seizures
- Severe allergic reaction (swelling of the lips, difficulty breathing or swallowing)
- Pregnant with vaginal bleeding, abdominal pain
- Suspected overdose/poisoning

**Hours of operation:** 24 hours/ 7 days a week

**If you are experiencing what you believe to be a medical emergency, dial 9-1-1.**